



Mirror Mirror...Am I Beautiful?: Looking Deeper to Find Your True Beauty

Shelley Hitz

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Does the mirror define your beauty and who you are? Are you desperately striving for the world's "perfect image" of outer beauty? Or have you given up trying, realizing you'll never be "good enough?"

It's time to look deeper, past the surface. It's time to find your true beauty!

Get practical, real-life, biblical advice for the issues you deal with every day...

Body Image. Beauty. Fashion. Sex. Dating. Self Esteem. Relationships.

Will you dare to look deeper?

If you do, you will find that there is so much more. More than what your mirror has for you. More than what Hollywood and the media has for you. More than what any guy can give you. When you look deeper, you'll find true satisfaction, true beauty and true intimacy waiting for you. Jesus is inviting you to take this journey with Him.

Will you accept?

What People Are Saying...

"Mirror, Mirror: Am I Beautiful?" by Shelley Hitz is one of the best books I have read this year, and I am not just saying that because I am writing a review about it either! Not only is this book enjoyable to read, but it is also easy to read.

I am encouraged by this book. It is refreshing to read a book that speaks about things I have struggled with, such as self-esteem and confidence with who God made me to be. It can be so easy to fall into the trap the devil sets for us, to try and steal our joy by getting us to focus our attention on our outward appearance, instead of on our inward appearance, where it really matters.

In her book Shelley Hitz does a great job of helping girls overcome their self-esteem issues by leading them to the Word of God. **I encourage every girl who reads this to read "Mirror, Mirror: Am I Beautiful?" by Shelley Hitz.** You will be encouraged!"

--Mardi Robyn, author of *isthismodest.com*

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From reader reviews:

Carol Smith:

Nowadays reading books become more and more than want or need but also get a life style. This reading practice give you lot of advantages. The advantages you got of course the knowledge the actual information inside the book that improve your knowledge and information. The information you get based on what kind of publication you read, if you want have more knowledge just go with schooling books but if you want experience happy read one together with theme for entertaining such as comic or novel. Often the Mirror Mirror...Am I Beautiful?: Looking Deeper to Find Your True Beauty is kind of guide which is giving the reader unpredictable experience.

Lidia Mejia:

This Mirror Mirror...Am I Beautiful?: Looking Deeper to Find Your True Beauty are usually reliable for you who want to become a successful person, why. The reason why of this Mirror Mirror...Am I Beautiful?: Looking Deeper to Find Your True Beauty can be one of the great books you must have is definitely giving you more than just simple looking at food but feed you with information that might be will shock your preceding knowledge. This book is actually handy, you can bring it all over the place and whenever your conditions throughout the e-book and printed kinds. Beside that this Mirror Mirror...Am I Beautiful?: Looking Deeper to Find Your True Beauty giving you an enormous of experience like rich vocabulary, giving you tryout of critical thinking that we know it useful in your day pastime. So , let's have it and enjoy reading.

Dorothea Proffitt:

Spent a free time to be fun activity to complete! A lot of people spent their spare time with their family, or their friends. Usually they performing activity like watching television, likely to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Can be reading a book is usually option to fill your cost-free time/ holiday. The first thing you ask may be what kinds of publication that you should read. If you want to test look for book, may be the publication untitled Mirror Mirror...Am I Beautiful?: Looking Deeper to Find Your True Beauty can be fine book to read. May be it can be best activity to you.

Herman Jenkins:

Is it you who having spare time after that spend it whole day by watching television programs or just lying on the bed? Do you need something new? This Mirror Mirror...Am I Beautiful?: Looking Deeper to Find Your True Beauty can be the response, oh how comes? A book you know. You are and so out of date, spending your extra time by reading in this completely new era is common not a geek activity. So what these guides have than the others?

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