



Emotional Intelligence: Achieving Academic and Career Excellence in College and in Life (2nd Edition)

Darwin B. Nelson, Gary R. Low

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The second edition of this supplemental text continues to provide students with the tools to cultivate emotionally intelligent behavior for success both inside and outside of the classroom. Through 13 in-depth emotional intelligence skill lessons, new students and first generation students will be guided along practical pathways to student learning and leadership with the aide of caring research-derived advice, helpful illustrations, and experience-based learning opportunities that will help them grow confidence and excel in all aspects of their lives.

Engaging, positive, and learner-centered, the new edition of *Emotional Intelligence* includes theory-based information on why emotional learning works, real-life examples of emotional intelligence in the classroom, and new findings regarding the importance of meaningful personal learning and leading in the classroom.

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