



Be Love: An Exploration of Our Deepest Desire

Zenju Earthlyn Manuel

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From the author of *Tell Me Something About Buddhism* (foreword written by Thich Nhat Hanh) comes another straight forward and simple booklet. How can we BE LOVE instead of craving it? This simple booklet explores that question and presents Four Paths of Being Love based in Buddhist teachings. Guaranteed to make you re-think love and transform your expression of it.

The greatest question of every century in which human beings have existed is "What is love?" It is our deepest desire to touch others' hearts and be touched. We want to feel love. And of course this would be our deepest desire. Once we are born, we are held in the arms of someone at least our entire first year on Earth. In BE LOVE, the author says, Peace in these times is dependent on our falling back in love with each other and all other living beings."

Manuel links the Bible verse God is love to the teachings of Buddha in which the true nature of us all is love. Her presentation explores what has carried us far from ourselves given the high rates of homicide and suicide rates today.

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Serina Horne:

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Louis Trent:

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