



# **Nurturing Future Generations: Promoting Resilience in Children and Adolescents Through Social, Emotional, and Cognitive Skills, Second Edition**

*Rosemary A. Thompson Ed.D.*

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**Nurturing Future Generations: Promoting Resilience in Children and Adolescents Through Social, Emotional, and Cognitive Skills, Second Edition** Rosemary A. Thompson Ed.D.

The statistics are pretty grim - young people face an ever increasing tide of poverty, alcohol and drug abuse, violence, suicide, and family dysfunction. Society's response has been slow. Too many young people do not receive consistent, positive, and realistic validation of themselves from those adults on whom they depend.

*Nurturing Future Generations* goes beyond the stilted rhetoric on the problems of youth and the dilemma for society by outlining specific treatment intervention and prevention strategies that address the full spectrum of dysfunctional behavior. It introduces structured intervention strategies for school and community collaboration, with an emphasis on remediation and treatment.

Educators and helping professionals will find counseling strategies and psychoeducational techniques that focus on primary prevention. These primary prevention strategies are supported by an understanding of critical social, emotional, and cognitive skills. The new edition provides an increased focus on the positive aspects of youth development, with less emphasis placed on the dysfunctional side of youth behavior.

The book addresses emerging research on resiliency and includes increased coverage of best practices for use with troubled youth. A new chapter on LGBT youth issues has been added, and the existing chapters have been substantially revised and updated. The author has reorganized sections within each chapter, adding to the readability and flow of the book, making it more useful as both a professional reference and supplemental text.

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