



Reflections for Tending the Sacred Garden: Embracing the Art of Slowing Down

Bonita Zimmer

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Are you tired of living on the husks of life? Do you feel you are stuck on a constant running wheel? Come, take a sauntering walk along a reflective path designed to put the "Sacred" back into your inner garden.

Allow the author to assist you in: unearthing the buried belief systems within that keep you on the running wheel of surface living, reassessing how you choose to spend your vital energy according to the Universal Spiritual Laws, rediscovering the need of saying no, learning how to manifest needs and righteous desires, reassessing relationships as necessary for spiritual "ways of being," cultivating a mind set for spiritual poise, and last, reinventing oneself as a co-creator with the Divine. This book will call to those who seek its information. For it speaks of the dawn of a fresh new age of spirituality, or The Age of God. The teachings reach back to the mysticism of the original Aramaic speaking Jesus, before the organization or institutionalizing of Christianity. The reader may feel this is only for mystics, but one becomes a mystic simply through actively seeking out a deep, close, personal relationship with their God. For to walk arm in arm with your Creator is your natural inheritance.



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