

Organize Your Thoughts: 50 Best Strategies to Declutter Your Mind, Organize Your Brain, and Have Creative Thinking in The Way You Want (Self Management Personal Success Business Study Skills)

Christ Lewis

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Organizing your thoughts—trying to assemble the big picture of how you will go about making decisions as you manage the practical realities of your disability—is a beginning step in getting organized. Creating this big picture is hard work, but with the guides in this book, you'll find your guiding principles on how you should Organize Your Brain, Declutter Your Mind, and Have Creative Thinking in The Way You Want

FREE BONUS INSIDE

What Will You Learn From This Book...

- *Maintain A Task List
- *Prioritize Your Task List
- *Keep Your Focus On
- *Feel Free To Experiment
- *Take A Walk
- *Keep Your Place Clean
- *Set Short Term Goals
- *Never Hurry Unnecessarily
- *De-Stress From Time To Time
- *The Power Of Meditation
- *Set Time Frames
- *Do Not Leave The Work Unfinished
- *Keep Off The Distractions
- *Say Yes To No
- *Say Bye To MondayBlues
- *Be An Early Morning Person
- *Make Timetables For Every Day
- *Have Adequate Sleep

- *Do Not Postpone Your Work
- *Mind The Numbers
- *Failure Doesn't Means You Can't Succeed
- *Believe In Yourself
- *Confidence Is The Key
- *Take A Break Occasionally
- *Look Forward Rather Than Behind
- *Self Introspection
- *Always Have The Fire To Learn
- *Wear Flexibility
- *Start Your Day On A Positive Note
- *Trust Your Instincts
- *Mind Your Health
- *Take Criticism Positively
- *Devote Time To Hobbies
- *Socialize
- *The Power Of Yoga
- *Live Your Life
- *Discuss Ideas
- *Don't Be A Control Freak
- *Take Resolutions

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