



**Weight Loss: How to Burn Body Fat Completely
and Maintain a Slim Physique Permanently:
Nutritional facts, Fat loss for women, Clean eating
(Diet plans, ... Alkaline drinks for weight loss Book
1)**

Nekoterran

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Weight Loss: How to Burn Body Fat Completely and Maintain a Slim Physique Permanently: Nutritional facts, Fat loss for women, Clean eating (Diet plans, ... Alkaline drinks for weight loss Book 1)

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TO MY OUT OF SHAPE FRIEND,

You have come to the right place.

The information in this e-book contains exact knowledge on: **how to burn body fat completely, and maintain a slim physique permanently.** If you learn how, and apply what you learn, you will achieve just as the title reads— **guaranteed!**

KNOW that an unhealthy physique or excess body fat accumulation did not automatically occur... everything has a cause.

Note: Regardless of how out of shape, over weight, old, young, or failed in previous attempts— if you know exactly what causes body fat accumulation, prevent further fat accumulation, learn how to burn body fat, and how to maintain muscle mass from deterioration, you can achieve the results you desire in a fairly short time.

Losing weight is not a complicated process... **IF YOU KNOW HOW.**

Chances are that you have been programmed with the wrong information for years, which lead to an overweight/out of shape physique. There is tons of information on weight loss.

However, the fact remains that “How to lose weight” is still one of the most searched topics in the world.

There are 3 reason why 9/10 people fail to burn body fat.

- 1) Don't know how, or the information they apply is incorrect or incomplete which leads to zero results, frustrations and giving up all together.
- 2) Commitment.
- 3) Desire a slim physique, but don't want to diet and exercise.

To prove point #1, ask yourself the question: “What happens inside the body to accumulate excess fat?”

If you don't know—**SUPER!** Because you will learn exactly what causes excess body fat accumulation, and how to burn it off completely in this short, yet powerful e-book.

Point #2 Commitment and consistency.

In order to commit to a program for 8 full weeks, you must have a strong reason why.

Ask yourself “why do I want to burn body fat completely, and maintain a slim physique permanently?”

And your answer(s) will lead to commitment and persistence.

And point #3 Without diet and exercise, it is impossible to achieve a slim physique!

NOTE: This program does not contain cutting out all carbohydrates, or eating a bunch of animal meat, or chugging down endless protein shakes that leads to dead end after dead end— none of this nonsense.

The information in this book has been tested on myself, and others whom achieved outstanding results without harming the body.

However, this program is drastically different than what you may be used to. And requires the participant to spend \$100 - \$150 on NATURAL supplements to successfully complete the 8-week program.

If you do not experience change after the 8-week completion— 100% money back guaranteed!

Included in this e-book:

Bonus #1:

receive \$5 - \$10 discount on first time supplement orders.

Bonus #2:

complete gym workout routine that will burn all excess body fat completely.

Bonus #3:

best home workout and receive even more updates from Nekoterran.

However, be warned.

This program is not a quick fix, requires 8-weeks of dedication, and a lot of work from your part.

Required to successfully complete:

- Spend \$100- \$150 on Natural supplements
- Willing to do bodyweight exercises and lift weights
- Make dietary changes
- Dedicate yourself for 8-weeks to the program (however you will experience results sooner)
- Approach the program with an open mind, be open to new methods, and new ideas
- Try a new/different approach to weight loss
- Open an iherb.com account

- Enjoy a slim and toned physique permanently

If you cannot commit to the above points 100%,

DO NOT PURCHASE THIS PROGRAM.

This is not a program for you!

If you agreed to all the points above, prepare for a permanent change.

Available for a limited time for only \$7.99!

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Ashley Robinette:

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