



## The Secrets of Resilient Leadership: When Failure Is Not an Option...Six Essential Characteristics for Leading in Adversity

Ph.D. George S. Everly Jr., Ph.D. Douglas A. Strouse, George S. Everly III

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The Secrets of Resilient Leadership: When Failure Is Not an Option...Six Essential Characteristics for Leading in Adversity Ph.D. George S. Everly Jr., Ph.D. Douglas A. Strouse, George S. Everly III Resilient leadership helps individuals, organizations, and even nations rebound from disaster. The leader who instills resilience is the leader who encourages us during crisis, when times are most troubled and when we doubt our own abilities. Resilient leadership inspires us to go places we would never have gone and to attempt things we never would have dared on our own. This book describes the six key principles of resilient leadership: following the moral compass of integrity, using the power of communication, optimism, and the self-fulfilling prophecy, taking responsibility for one's actions, building a resilient culture, and honing physical health as a competitive advantage. It then shows how they can be easily integrated into daily life, letting managers, friends, mentors, teachers, coaches, and even parents instill resilience. With this book, anyone, no matter what their role in life, can improve their ability to guide others through difficult times.



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