



# **Marital Myths Revisited: A Fresh Look at Two Dozen Mistaken Beliefs About Marriage (Rebuilding Books)**

*Arnold A. Lazarus*

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"Many people contend that marriage is a relationship that carries the principle of friendship to its ultimate and most intimate degree. I think they are mistaken." One of the most influential psychotherapists of our time revisits his "two dozen myths" two decades later. Surprises aplenty in this no-holds barred conversation with readers about the "myths" that get married couples in trouble. The notions that "Husbands and wives should be best friends," "Marriage should be a 50-50 partnership," and "An unhappy marriage is better than a broken home," are explored, debunked, and re-examined in the light of 21st century hindsight. This is a provocative, insightful, sometimes disturbing look at some of our most cherished beliefs about marriage.

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