



# Dr. John Sarno's Top 10 Healing Discoveries

*Mr Steven R. Ozanich*

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## **Dr. John Sarno's Top 10 Healing Discoveries** Mr Steven R. Ozanich

John E. Sarno, MD, revolutionized healing with his insightful observations on health and healing. His 50 year career culminated in his conceptualization of the breakthrough discovery that he called TMS, The Mindbody Syndrome.

TMS was at the pinnacle of Dr. Sarno's life-work but it came about from the collection of many other paradigm shifting observations as described here in Dr. John Sarno's Top 10 Healing Discoveries.

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