



Your Healing Hands: The Polarity Experience

Richard Gordon

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The human energy field is constantly affected by mental, physical, and emotional experience. This classic guide, written by the author of *Quantum Touch: The Power to Heal*, shows energy workers, massage therapists, chiropractors, and anyone wishing to heal with their hands how to conduct a full polarity therapy session to restore balance. With clearly written instructions providing steps and techniques and neat, understandable illustrations, readers are introduced to the polarity circle and shown how to balance energy fields, unblock systems, and release energy to normal flow patterns.

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